

A dimly lit dinner table with wine glasses, a bottle, and a candle. The scene is set for a formal dinner, with a bottle of wine and a glass of water on the table. A small candle provides a warm glow. The background is dark, with some greenery visible on the right.

The Arc

MASTERMIND DINNERS

@ Briefing for Hosts

WHAT IS...

a Mastermind Dinner?

AN INTIMATE EVENING OF DEEP TALKS, LIGHT COACHING AND AUTHENTIC CONNECTION

Small group of hand-selected people.

Co-hosted between the **HOST** and **THE ARC**.

Let's have **ARC-STYLE-CONVERSATION**, with **WINE*** and soulfully prepared **SNACKS**.

* Or any non-alcoholic drink of your choice.

Create a magical space with us

Let's bring real connection to our best (yet known and still unknown) friends. Let's co-host this evening and inspire others by going first in terms of vulnerability and sincerity.

Meet inspiring people ONLY

The dinner happens at the host's private home or at a place of the host's choice. We only invite Arc community members or those referred to us by alumni. Complete strangers can only join upon application or an introductory call with The Arc.

F*** smalltalk

Let's create one evening together where humans can have a real connection, feel seen – but don't have to do anything absurd ... like dance their emotions and cry.

Lovingly made snacks

We truly want people to feel treasured, so soulfood cannot miss. Hence, in our prep call we would love to talk about: what food is truly meaningful for you? Let's get it for the evening.

THE HOST

To us, YOU are actually the most important person of the evening.

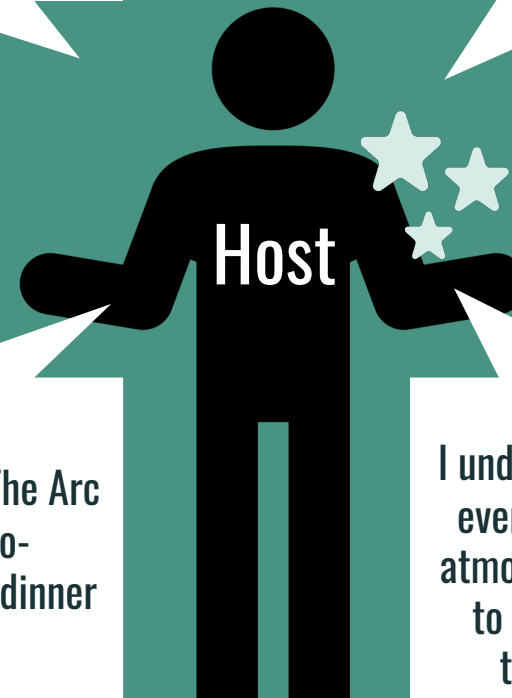
Our goal is to make you feel special and to have this be a super-nice experience with The Arc!

We would LOVE you to be the **STAR** of the evening (if you want that, too!) – and truly want to support you in finding topics/stories to share that are curageous and vulnerable, that will inspire yourself and others. Even the ones who know you dearly.

Having said that: We might fail in making this the BEST experience ever for you. We are sometimes messy. And we apologize in advance if we forget or misplan things! We really don't mean it in a bad way!

I'd love to host a special dinner with my friends/ Arc people and host a space where people can truly connect.

I'm excited to share something about myself that really describes a transformation of mine or something I feel deeply about.



I am happy to host with The Arc and I feel capable/ co-responsible to fill up the dinner with participants.

I understand that this is an Arc event and will NOT make the atmosphere awkward by trying to sell my own coaching or training services there.

OTHER ROLES AT A

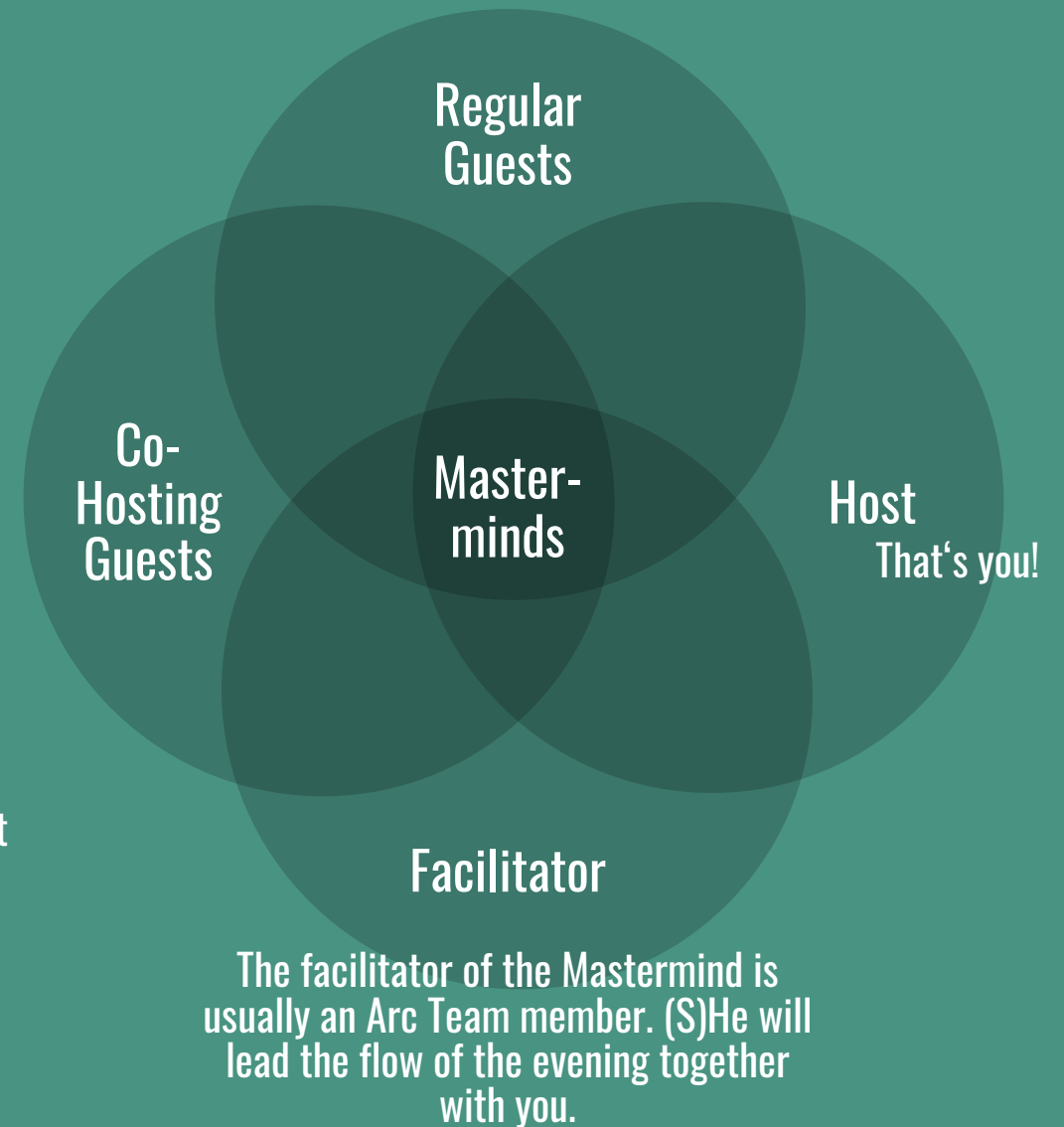
MASTERMIND

Co-hosting guests (co-hosting tickets) commit to support The Arc in having the host love this experience and finish with a big smile.

1. They commit to being at the event 90min early to prep everything together with the host (prepping food/ drinks/ decorating the space).
2. They support the facilitator and host during the evening e.g. by getting people together, by keeping the buffet stocked and pretty.
3. They ensure people help tidying up so that best case the place is nicely clean again when everyone leaves.

They are asked to be on time!

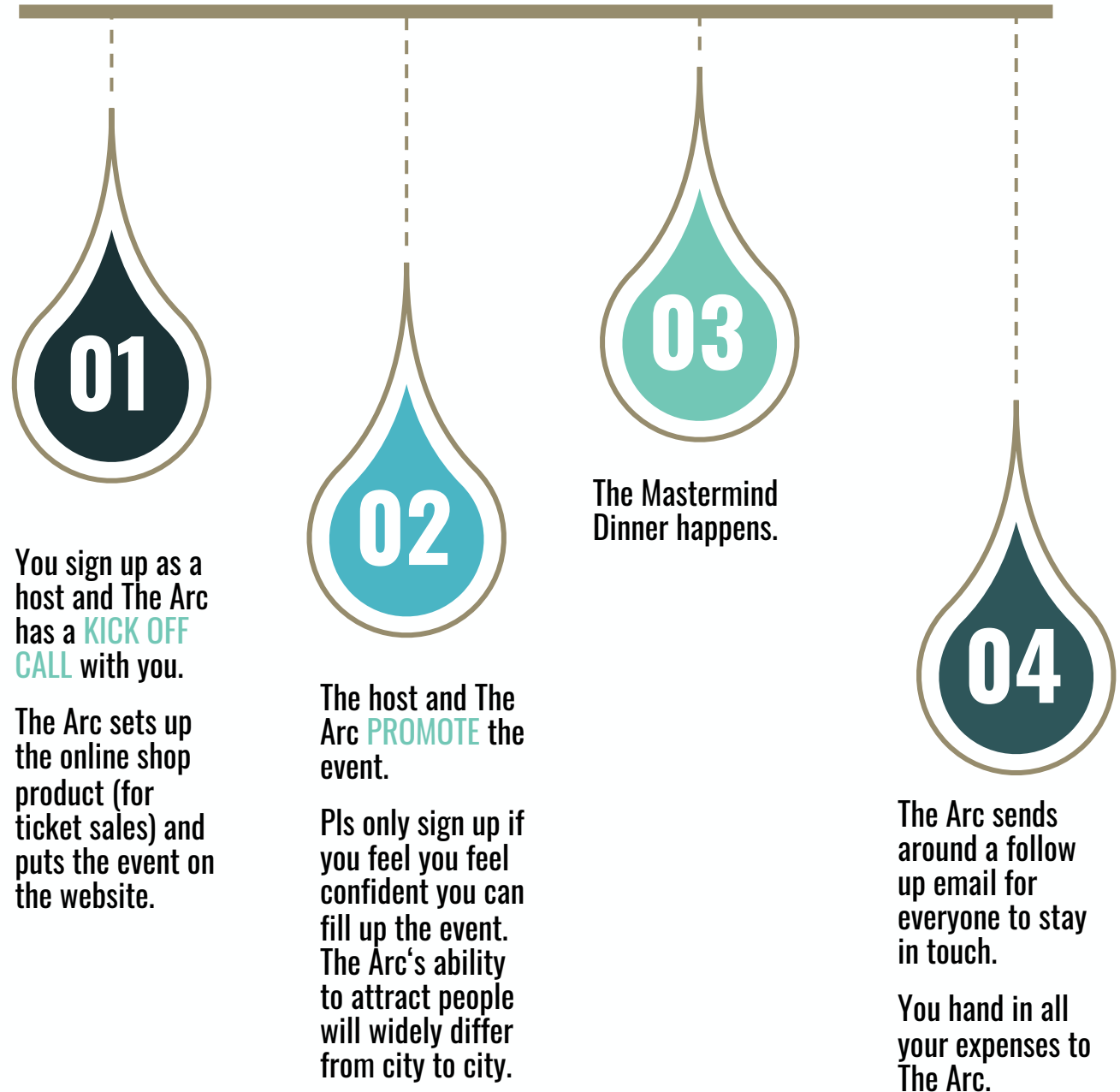
They are also asked to contact the host prior to the event (if they don't know you personally we will share your details with them provided that they are part of The Arc network).



WHAT HAPPENS...

**before, during and after a
Mastermind?**

The Mastermind Dinner Timeline



A TYPICAL FLOW OF THE MASTERMIND

#AGENDA #OPEN_TO_CHANGE

18:00-18:30ish we start prepping

19:30 Guests arrive

Shortly afterwards: Evening starts

- Intro and sharing by the host
- „The Etiquette“ set by the host and the facilitator
- Round 1 – we split up in small groups and discuss questions related to the topic the host has chosen
- Round 2 – we mix groups. Now whoever feels comfy can bring in their own topics to the small group. We have prepared a small facilitation guide for this.
- Final sharing circle – we gather in a small and innocent sharing round.
- Next steps: we share what The Arc is and how to join. We invite people for more dinners, as future hosts, to other events and for coffee chats.

23:30ish We end the evening early enough so that everyone can still go to work the next day.

If you have your own ideas on facilitation techniques, pls share!



MORE QUESTIONS?

Just get in touch with us.

We love you.

We really do.