

Beyond Conference - PROGRAMME -



Friday

09:30-09:45 Registration
09:45-10:00 Welcome & intro

10:00-12:30 Why am I here? What's my bottleneck to growth?

- Using a couple of coaching methods we'll determine: What areas in my life – if improved just a little bit – will have the biggest positive effect on all other areas? And: How does my thinking contribute to the results I am getting in those areas?

12:30-14:00 Lunch

14:00-16:00 What do I REALLY want?

- In 2h we coach you to create a compelling vision for yourself – for the coming years and beyond (if you like).
- You don't think you have a vision? Or having a vision is just too weird in general? Just wait and see ;)
- Btw: we will also finish up any unanswered topics from the morning

16:00-16:30 Coffee break

16:30-18:30 Action time! What baby steps will YOU need to take to get going?

- Vision without action is just an empty promise – says Oprah Winfrey and we agree.
- We'll identify the main actions that REALLY should be a priority (those things that usually end up in the box "Important but not yet urgent") and get inspired by the visions and actions of our peers

Saturday

09:30-90:45 Welcome

10:00-12:30 Individual Coaching on Action Planning

- On Saturday we'll be serious! This is when we sit down one-by-one and really think about how everything from Friday can be integrated into our lives.
- Chances are that we'll be inclined to just come up with MORE TO DO LISTS on Friday. This however isn't the solution. On Saturday we'll check: How do we need to re-align areas in our life such as family, friends, career, health so that they make SENSE and FIT our VISION rather than competing with it.
- Sounds abstract? Just join! If you really wanna get something out of this, don't miss it!

12:30-13:00 Final closing round

I come as one, but I stand as 10,000.
⚡ Maya Angelou